

FACE TO FACE MULTIDISCIPLINARY EVALUATION (FTF)

Patient Name:		DOB:		
Height:		Weight:		BMI:

Multi-disciplinary evaluation includes face to face consultations and supervised monitoring and review. The following information was additionally provided to the patient:

_____ Counseled patient on the benefits of a multi-disciplinary program and to continue in the program using the specific nutritional and behavioral modification suggestions provided.

_____ Counseled patient as to the benefits of a consistent exercise regimen. Discussed specific exercises suitable for the patient and encouraged continuance with the exercise regimen to improve pulmonary reserve prior to surgery.

_____ Counseled patient as to the benefits of a reduced calorie, heart healthy diet to include low fat, low sodium, low cholesterol foods as well as limitation of simple sugars including calorie containing beverages and alcohol.

OTHER RECOMMENDATIONS/COUNSELING:

The patient was provided with pre-op and post-op oral and written diet education. The patient verbalized understanding of the information that was provided. Anticipate good compliance.

In addition to the face to face meetings/consultations, continuous and contemporaneous monitoring for verification of understanding and compliance will be continued. The patient was advised that lifelong changes in behavior, including adherence to a healthy diet and exercise regimen, will allow for optimal success.

Dietitian Signature

Date

Physician Signature

Date